



Campus Health

TULANE UNIVERSITY

*Leading the Tulane Community in advancing
student health and well-being*



Campus Health

TULANE UNIVERSITY

- ▶ Health Center for Student Care
- ▶ CAPS for Counseling Services
- ▶ The Well for Health Promotion
- ▶ Immunization Compliance
- ▶ Health Insurance Requirement



The Health Center for Student Care

CAMPUS HEALTH

Providing primary care, checkups, preventive health needs, health insurance, and medical referrals.

Health Center Staff

- ▶ Full-time providers
 - Medical Office Assistant (MOA)
 - Nurses (LPNs, RNs)
 - Nurse Practitioners (NPs)
 - Dietitian (RD)
 - Providers (MDs)
- ▶ Referral Coordinator



Health Center - Downtown

137 Elk Place, Room 206

- ▶ Primary Care
- ▶ Immunizations
- ▶ Allergy Injections
- ▶ Sexual and Reproductive Health
- ▶ Full-Service Lab
- ▶ Travel Health Consultation
- ▶ CAPS providers



Health Center – Uptown, *Bldg. 92*

Services by Appointment

- ▶ **Primary Care**
 - General practitioners for common health needs
- ▶ **Preventive Health**
 - Sexual and Reproductive Health
 - Allergy Injections and Vaccinations
 - Travel Health Consultation
 - Nutrition Services
 - LGBTQ+ Health
- ▶ **CAPS Providers**



Appointments

- ▶ Appointment-based clinics
- ▶ Schedule via the Patient Portal or by phone
- ▶ Bring your
 - Tulane Splash Card
 - Insurance card & policy holder information
 - Driver's license or state ID
 - Form of payment/credit card



Insurance and Billing

- ▶ Most visits require collection of fees, co-pays, co-insurances, or deductibles.
- ▶ Your health insurance determines your co-pay
- ▶ In network for:
 - Aetna | Blue Cross Blue Shield
 - Cigna | Humana | United HealthCare
- ▶ Check with your insurance to see if we are in network.
- ▶ We will submit your claim to your insurance company.
- ▶ You are responsible for follow up and any charges not covered by your plan.





Rapid Care Clinic and Nurse Advice

- ▶ **Rapid Care Clinic**
(walk-in clinic)
- ▶ **Nurse Advice Line**
During Office Hours
504-862-8121
- ▶ **Nurse Advice Line**
After Hours
855-487-0290
- ▶ Help you make decisions whether to make an appointment
- ▶ Self-care measures
- ▶ How to renew prescriptions
- ▶ Answer medication questions and much more
- ▶ Health Center staff follows up to assist student in any ongoing care

campushealth.tulane.edu/emergency

- ▶ Emergencies by topic
 - Alcohol, Mental Health, Sexual Assault
- ▶ Tulane Emergency Medical Services / Ambulance
- ▶ Urgent Care/After Hour Medical Care
- ▶ Pharmacies
- ▶ Emergency Rooms

- ▶ **TUPD Downtown:**
504-988-5555 (Ext. 85555)
- ▶ **TUPD Uptown:**
504-865-5911 (Ext. 55911)

THESE NUMBERS ARE ON
THE BACK OF YOUR SPLASH CARD!

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CAPS for Counseling Services

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*Offering support groups, consultations,
counseling, and care coordination.
All services confidential.*

CAPS Locations: Downtown

127 Elk Place,
Tulane University School of Social Work
Room 261, in the Health Center



CAPS Locations: Uptown

Building 14 - MAIN OFFICE

Science & Engineering Lab Complex, 1st Floor



Building 92

Inside the Health Center, 3rd Floor

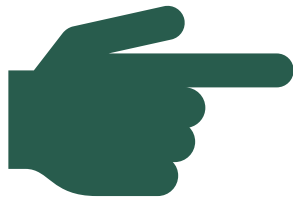


Getting Started



Initial Consultation

Call or visit the main office to schedule an initial consultation appointment:
504-314-2277



Service Options

If you know what service you are seeking, please specify: therapy, medication, group consultation, or care coordination.

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Crisis Support

- ▶ **Tulane's 24/7 crisis phone support**
The Line, 504-264-6074
- ▶ **Tulane University Police Department**
504-865-5911
- ▶ **Dedicated crisis resources at CAPS**
Same-day appointments, Mon-Fri, Noon-4:00
- ▶ *Worried about a friend?*
tulane.edu/concerns
File a report and someone from Student Affairs will check in with them



Call or text
504-264-6074

campushealth.tulane.edu/caps/crisis-support

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Plan Ahead

- ▶ Students with ongoing mental health care needs are encouraged to arrange services in the New Orleans community prior to the beginning of the semester.
- ▶ CAPS Care Coordinator is here to assist as well.





The Well for Health Promotion

CAMPUS HEALTH

*Providing health and well-being programming,
workshops, outreach, and communication on
relevant health topics.*

Staff

- ▶ Public health professionals (MPH, MSPH)
- ▶ Certified health education specialists (CHES)



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Programming and Initiatives

- ▶ Engaging students to create a healthier campus
- ▶ Help you navigate and manage common health topics:
 - Alcohol and Other Drugs
 - Sexual Health
 - Sleep
 - Stress
 - Sexual Violence Prevention



Margaret Reynolds, Senior Health Promotion Specialist



- ▶ New position within The Well for Health Promotion
- ▶ Focuses on graduate and professional students
- ▶ Located downtown (Elks building), but often Uptown
- ▶ Emphasis on sexual violence prevention
 - Working to end sexual violence by promoting healthy relationships and creating an environment where rape culture is not tolerated.

Margaret Reynolds, Senior Health Promotion Specialist

► Current projects

- Creating a needs assessment: measuring students' concerns around health and wellness (what G&P students want to see this office focus on)
- Overseeing the online "Sexual Misconduct Response and Prevention Training for Incoming Graduate and Professional Students"
- Designing interactive workshops
- Facilitating GPS SVP student coalitions
- Organizing public health campaigns
- Providing materials, like safer sex supplies to G&P students

► Want to get involved in supporting graduate and professional student health and wellness?

- Reach out to mreynolds1@tulane.edu.

Immunization Compliance



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Immunization Compliance

- ▶ All students who have been admitted to Tulane University are required to provide proof of immunization compliance prior to arriving at Tulane.
- ▶ Failure to meet these requirements will result in an Enrollment Hold being placed on your student account.

Immunization Compliance

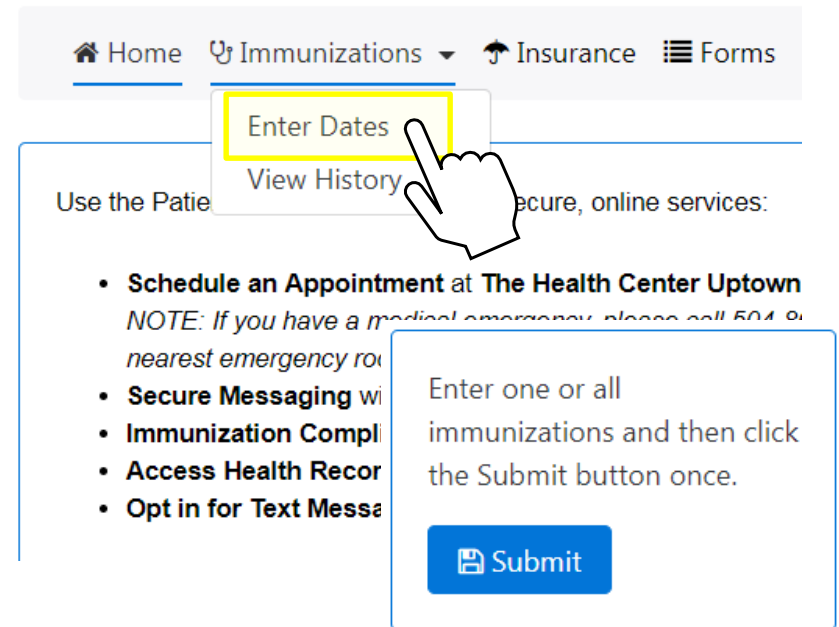
- ▶ You must use Tulane's Immunization Compliance Form found on our website.
- ▶ Other forms are not acceptable.

The image displays two versions of the Tulane University Campus Health Immunization Compliance Form. The left form is for students born in the United States, and the right form is for students born outside the United States. Both forms require completion by a physician or health care provider. The forms include sections for:

- Personal information: Name, Tulane Splash ID, Tulane Email, Date of Birth, Semester of Enrollment, and Country of Birth.
- Required Immunizations: MMR (Measles, Mumps, Rubella) - Two doses required; MMR Dose #1 and #2 dates; OR Individual Doses (Measles #1, #2, Mumps #1, #2, Rubella #1); Tetanus, Diphtheria, Pertussis (Tdap recommended); Meningococcal - One dose required at 16 years of age or older.
- Tuberculosis Questionnaire: A series of yes/no questions regarding TB exposure and symptoms.
- Skin Test Results: Tuberculin Skin Test (TST) results and Skin Test Date/Date Read/Result.
- Health Care Provider Information: Name, Signature, Date, and Clinic Stamp.

How to Submit the Form

- ▶ Log into the Tulane Campus Health Patient Portal using your Tulane email address (without the @tulane.edu) and your email password.
- ▶ Enter dates.



The screenshot shows the top navigation bar of the Tulane Campus Health Patient Portal. The navigation items are Home, Immunizations, Insurance, and Forms. The 'Immunizations' dropdown menu is open, showing 'Enter Dates' (highlighted with a yellow box) and 'View History'. A hand cursor is pointing to the 'Enter Dates' button. Below the navigation bar, there is a section titled 'Use the Patient Portal to access secure, online services:' followed by a list of services: Schedule an Appointment at The Health Center Uptown, Secure Messaging with your provider, Immunization Completion, Access Health Records, and Opt in for Text Messages. A note is present under the first item: 'NOTE: If you have a medical emergency, please call 504.981.2222 or go to the nearest emergency room.' A blue 'Submit' button is located at the bottom right of the page.

Home Immunizations Insurance Forms

Enter Dates
View History

Use the Patient Portal to access secure, online services:

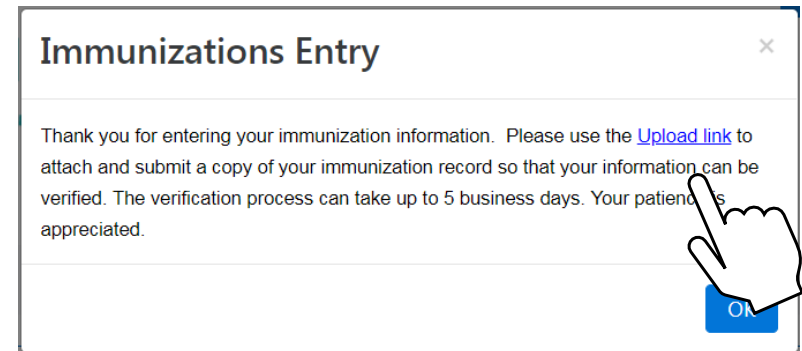
- **Schedule an Appointment at The Health Center Uptown**
NOTE: If you have a medical emergency, please call 504.981.2222 or go to the nearest emergency room.
- **Secure Messaging** with your provider
- **Immunization Completion**
- **Access Health Records**
- **Opt in for Text Messages**

Enter one or all immunizations and then click the Submit button once.

Submit

How to Submit the Form

- ▶ After you enter dates, upload your scanned document(s) using the "Upload Documents" link.



Confirmation of Compliance

- ▶ After five business days, check your Tulane email for notification of a secure message.
- ▶ Log in to the Patient Portal to read the secure message.
- ▶ Follow up if directed.



Messages

You have 0 unread message(s).

Health Insurance Requirement



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Health Insurance Requirement

- ▶ Tulane requires degree-seeking students and Tulane-sponsored students in J-1 status to have insurance coverage that meets or exceeds University standards for adequate insurance.
- ▶ This requirement applies to:
 - degree-seeking, dissertation students and research assistants.
 - degree-seeking students who may live off campus, participate in out-of-town internships, or study abroad for any length of time during the academic year.
- ▶ This requirement does not apply to:
 - School of Professional Advancement students.
 - distance learning students.

Read the standards:
campushealth.tulane.edu/insurance-standards

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Health Insurance Requirement

- ▶ Students **MUST** use the online insurance tools to take action by posted deadlines:
 - Enroll in the Tulane-sponsored Student Health Insurance Plan (T-SHIP)
or
 - Opt out of T-SHIP by receiving an approved waiver after demonstrating coverage meets or exceeds University standards.
 - The waiver/enrollment process must be completed each year.

Deadlines posted at:

campushealth.tulane.edu/health-insurance-requirements

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Health Insurance Requirement

- ▶ Reminders are sent to all students' Tulane email addresses:
 - **From United Healthcare Student Resources:** instructions on how to enroll in T-SHIP
 - **From Gallagher Student Health and Special Risk:** instructions on how to submit a waiver request for approval to opt out of T-SHIP

Deadlines posted at:
campushealth.tulane.edu/health-insurance-requirements

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What happens if ...

- ▶ If a student fails to meet the University health insurance requirement before the deadline, they will be automatically enrolled in T-SHIP for the academic year, and the premium will be assessed to their account. **Take action before the deadline to avoid being charged.**

Deadlines posted at:

campushealth.tulane.edu/health-insurance-requirements

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Enrolling in the Tulane-sponsored Student Health Insurance Plan (T-SHIP)

- ▶ Tulane-sponsored Student Health Insurance Plan (T-SHIP) is currently provided by United Healthcare Student Resources (UHCSR).
- ▶ Plan meets the University standards for adequate insurance
- ▶ Premium is assessed to the student's account and then paid directly to UHCSR.

T-SHIP details posted at:
campushealth.tulane.edu/t-ship

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T-SHIP Benefits

- ▶ Covers most medical services offered in the Health Center:
 - Injections
 - Medications and medical supplies
 - Medical procedures
 - Travel health consultations
- ▶ Offers low copay for prescriptions in the Campus Health Pharmacy
- ▶ Coverage includes the following:
 - Laboratory services
 - Pre-existing conditions
 - Mental health services
 - Unlimited annual maximum benefit
 - Prescription benefits with low co-pays
 - Provides coverage 24 hours a day worldwide

T-SHIP details posted at:
campushealth.tulane.edu/t-ship

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Receiving an Approved Waiver to Opt Out of T-SHIP

▶ Before you submit your insurance information for verification through the Gallagher portal, please review:

- Full list of University standards for adequate insurance



[campushealth.tulane.edu/
insurance-standards](https://campushealth.tulane.edu/insurance-standards)

- T-SHIP benefits comparison chart



[campushealth.tulane.edu/
benefit-comparison](https://campushealth.tulane.edu/benefit-comparison)

Learn more about how to opt out of T-SHIP:
campushealth.tulane.edu/opt-out-t-ship

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Insurance Enrollment and Verification Office

campushealth.tulane.edu/insurance

Email healthins@tulane.edu

Phone: 504.865.5256

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